



Key Stage 3 Curriculum Progress Map: Year 8 PE

Topic Titles	ASSESSMENT CRITERIA			
Objectives (the things we want pupils to make progress in)	STAGE 4	STAGE 3	STAGE 2	STAGE 1
BADMINTON	<ul style="list-style-type: none"> All shots have good use of length, direction and angle. Can show anticipation of the next shot and prepare early. Can move well around the court showing awareness of the flight of the shuttlecock. When shots are returned, they are in a direction away from my opponent. The smash is being used in practice situations. The drive is used in practice situations. I can use front, back, and side-to-side formations in doubles. Can umpire and score a half-court game of doubles. 	<ul style="list-style-type: none"> Application and use of each shot appropriately in a game. The serve is appropriately selected and delivered. Can play a half-court (full court when appropriate) singles game and is winning most games. Has an understanding of doubles formations and rules. 	<ul style="list-style-type: none"> Can attempt a drop shot, but sometimes this goes too high. Can attempt a net shot, but sometimes lacks accuracy. Can understand, but cannot always execute each shot. Can receive the serve using the correct ready position. Can switch between the three serves, but not always accurate. 	<ul style="list-style-type: none"> Can perform a flick serve using the correct technique. Can attempt a short serve and can angle to the corners. Can attempt the long serve, but struggles to gain adequate distance. Can perform the overhead clear, but this also lacks distance. Can perform the underarm clear, but this lacks distance. Can maintain a rally in closed situations, but sometimes misjudge the shuttlecock.
FOOTBALL	<ul style="list-style-type: none"> Control a variety of passes with various parts of the body, ball stays in front of body to keep play flowing. Complete a range of passes over varying distances, passing into the space for teammates to move onto. Keep control of ball when faced with defender in a tight situation using variety of skills/change of direction. Leads the team when defending attempting to help their defence keep shape communicating when to press the ball. Moves into space once passed the ball and wants it back, moves ball out wide to create room in the middle of the pitch. Strong influence on the game leads the team demonstrating range of above skills. 	<ul style="list-style-type: none"> Control a variety of passes with either strong or weak foot in a game situation. Complete a pass over varying distances with strong foot under some pressure. Dribble the ball away from defenders using change of direction or creative skill. Understand and demonstrate teamwork in defending, showing shape and anticipation to tackle. Has an influence on the game demonstrating range of above skills. 	<ul style="list-style-type: none"> Control a simple/short pass with either strong or weak foot under some pressure. Complete a simple/short pass with either foot under some pressure finding its target, passes over longer distances with some success but the ball can miss its target. Dribble the ball around a defender using a change of direction in a large space. Move into space to create room to receive a pass away from the defender. Able to work as part of a team to defend and tackle an opponent in practice and a game situation. Apply above skills in a game situation with some influence on the game, demonstrating the importance of pass and move. 	<ul style="list-style-type: none"> Control a simple/short pass with any part of foot cushioning the ball in front of the body. Complete a simple/short pass with various parts of their strong foot. Dribble the ball at a jogging pace keeping the ball close to your body. Move into space to receive a pass, not always giving their teammate the right option. Able to jockey the ball when defending and tackle with some success. Understand basic tactics of a game and apply some shape to their team play. Accurately passes the ball over a short distance, but struggles when faced with a defender and pressure.
HOCKEY	<ul style="list-style-type: none"> Can hit long-range passes consistently in a practice. Can use the reverse stick to intercept, receive and shield the ball in a 6 v 6 game. Attempt a reverse stick pass in a game. Can perform the right hand dodge consistently in a practice. Can effectively play in a number of positions, defence, midfield and attack. Create goal-scoring opportunities (read game). 	<ul style="list-style-type: none"> Successfully track players and consistently gains possession using the block tackle. Support other players and create space to maintain team possession in a 6 v 6 game. Move efficiently with the ball using the open stick, reverse stick and Indian dribble to maintain possession in a 6 v 6 game. Adapt the strategies at penalty corners. Demonstrate the grip & attempt to perform a hit. 	<ul style="list-style-type: none"> Regularly gains possession (block tackle) 6 v 6 game. Can judge the power and pace of the ball to reposition and receive the ball. Can execute the Indian dribble and use the reverse stick in a conditioned practice. Is involved in the planning and refining the penalty corners. Applies the free hit, long corner and penalty corner appropriately. 	<ul style="list-style-type: none"> Understands the skills needed to play each positional role in a 6 v 6 game and tries to stay in position. Can pass with greater power and accuracy over longer distances using the push pass. Understands the reasons for why a free hit, long corner, and penalty corner are awarded.
NETBALL	<ul style="list-style-type: none"> To read the passage of play from the player in front to make effective decisions to avoid crowding. To be able to turn in the air landing on the correct foot to speed up play. To be able to cut in front of a defender to maintain possession of the ball. I can contribute to the design of a centre pass routines and able to analyse why it breaks down. To be able to be effective in a game at holding a position with a defender. 	<ul style="list-style-type: none"> Be able to perform two types of dodges in a game to outwit an opponent. Passes should be performed with control and precision. Be able to land correctly whilst turning in the air in a practice. Be able to man-to-man mark, track a player and perform an interception during a game. To be able to read the passage of play and perform an interception whilst marking. 	<ul style="list-style-type: none"> Be able to select the correct pass with accuracy in a game. To be able to consistently land correctly. Be able to man-to-man mark, track a player and perform an interception during a game. To know where each position is allowed to go. 	<ul style="list-style-type: none"> Perform four passes with some control and accuracy. Correct footwork in a practice, including pivoting. To be able to perform two types of dodges in a practice. To understand the principle of being able to create space and move into space. To know how to man-to-man mark and track a player. Able to shoot and score in a practice. To know the seven positions.
ROUNDERS	<ul style="list-style-type: none"> Can bowl in conditioned games and reposition to cover bases. Accurate overarm throw from the outer field. Effectively use the long arm barrier in a game. Successfully generate power when striking the ball. Read trajectory, reposition & take a catch in a game. Effectively field (strongest position) back up players. Attempt to hit the ball into two different sectors. Understand advanced rules/tactics e.g. den, taking no balls, running onto fourth. 	<ul style="list-style-type: none"> Attempt to catch a ball coming to me in a game. Understand the nine fielding positions. Accurately throw overarm from the inner field. Adjust the fielding positions (left and right hand batters). Can backing up other players in game situations. Understand stance and can change angles. Consistently score half rounders in each game. Understand and apply backwards hit rules. 	<ul style="list-style-type: none"> Bowl in a game and know reasons for a no ball. Can play in two different positions. Can catch the ball over a medium distance. Consistently makes contact with the ball when batting. Know the technique and can perform the long barrier. 	<ul style="list-style-type: none"> I understand four different fielding positions. Catch the ball successfully in short distance practices. Accurately throw a short under & overarm throw. Attempt to hit the ball but sometimes struggle to make contact. Retrieve ball quickly but uncertain which base to return it to. Know the reasons for players being out.
RUGBY	<ul style="list-style-type: none"> Passing and receiving: Perform a short and long pass accurately, at varying pace, whilst moving forward. Retaining possession: Successfully 'steal' the ball in a 1v1 tackle. Kicking: Execute the punt kick effectively in a practice situation. Full context: Select and apply these skills successfully within a small-sided game (SSG). Play an influence role in a small-sided game (SSG). 	<ul style="list-style-type: none"> Handling: Alternate between the three different grips when appropriate. Change pace and direction (side step) when running with the ball. Passing and receiving: Perform a short and long pass accurately whilst moving forward at speed. Be creative with phases of passing, i.e.: switch and scissors. Tackling: Execute the front, side and rear tackle technique safely on an opponent. Kicking: Execute the grubber kick in a practice situation Full context: Apply these skills with some degree of success within a SSG. 	<ul style="list-style-type: none"> Handling: Hold the ball out in front when running with the ball, in order to pass quickly to a teammate. Passing and receiving: Perform a short pass accurately whilst moving forward at speed. Tackling: Execute the 'front' tackle technique safely on an opponent in a practice situation. Retaining possession: Support the ball carrier when they are in possession of the ball. Full context: Apply these skills with limited success within a SSG. Skills are performed, but there are obvious areas of weaknesses. 	<ul style="list-style-type: none"> Handling: Hold the ball with a firm grip and fingers spread. Protect the ball when being tackled. Hold the ball out in front when running with the ball. Passing and receiving: Perform a short pass accurately whilst moving forward. Tackling: Demonstrate the 'smoother' tackle technique on the tackle bag. Retaining possession: Run forward with the ball, take a tackle and retain possession.
TRAMPOLINING	<p>Can perform:</p> <ul style="list-style-type: none"> Front drop half twist to feet Seat drop to front drop Front drop to seat drop Back drop Three quarter somersault/hands knees turnover An 8 bounce routine including Stage 1-4 moves 	<p>Can Perform:</p> <ul style="list-style-type: none"> Front drop on mat Back drop on mat An 8 bounce routine including Stage 1-3 moves 	<p>Can perform</p> <ul style="list-style-type: none"> Half twist to seat drop Half twist to seat drop half twist to feet Full twist Swivel hips An 8 bounce routine including Stage 1-2 moves 	<p>Can perform:</p> <ul style="list-style-type: none"> A seat drop Half twist Pike jump Straddle jump Seat drop half twist to feet 6 bounce routine